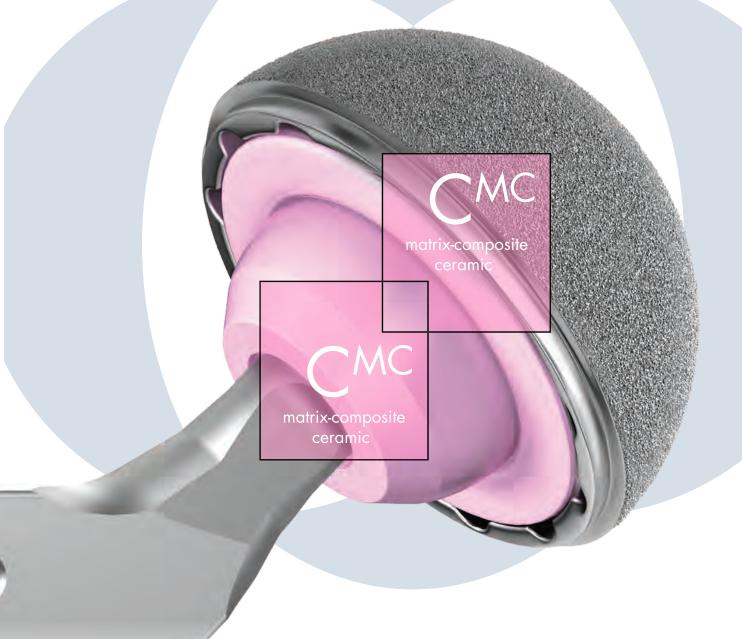
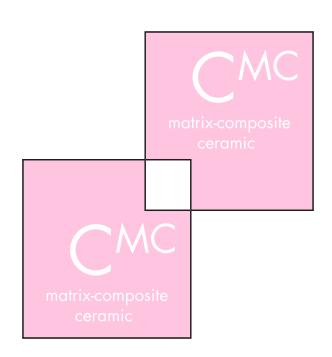


# CERAMAX® CERAMIC TOTAL HIP SYSTEM



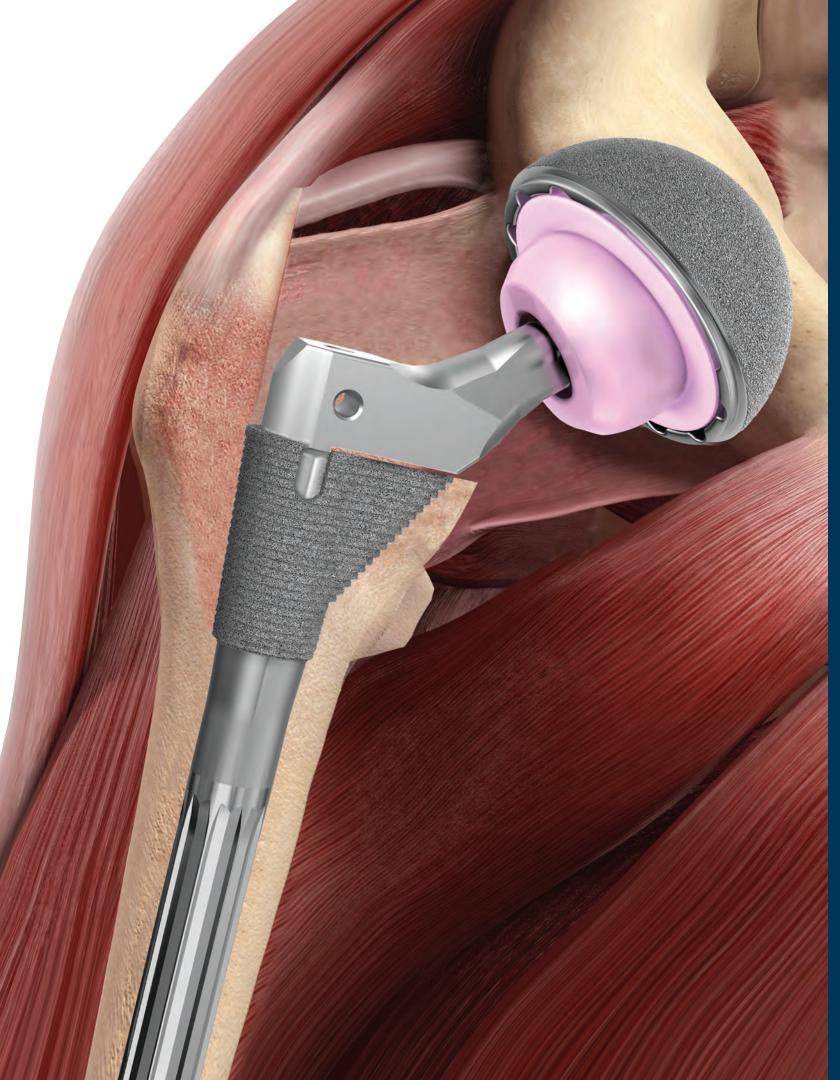






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# SURGICAL TECHNIQUE

Hip reconstruction has become a successful answer for degenerative hip disease in a more demanding patient population. In addition, hip replacement can provide mobility and pain relief to patients with hip osteoarthritis or posttraumatic arthritis. Experience with total hip arthroplasty has resulted in a more comprehensive understanding of hip anatomy and biomechanics and advances in surgical technique. These advances have allowed the development of more efficient instrumentation and increasingly sophisticated implant design.

The CERAMAX® Ceramic Total Hip System primary surgical technique has been developed in consultation with an experienced surgeon design team and provides the surgeon with general guidance when utilizing this system.

# TEMPLATING AND PRE-OPERATIVE PLANNING

The primary goal of total hip arthroplasty is the anatomic reconstruction of the hip joint, resulting in favorable prosthetic joint load and function. Mechanically, the goals are to create a stable articulation with an optimized range of motion, restore biomechanics for muscular efficiency and equalize limb lengths. Meeting these goals begins with a thorough roentgenographic analysis of the hip with comparison to the contralateral side in anteroposterior (A/P) and lateral projections. The desired magnification for all imaging should be 20 percent, which corresponds to the templates provided for the CERAMAX Hip System. Magnification markers taped to the patient's leg at the level of the trochanter will assist in determining actual magnification.

For the A/P projection, place both extremities in 15 degrees of internal rotation to position the head and neck parallel to the coronal plane. Center the beam on the symphysis pubis and ensure the proximal femoral shaft is included in the radiograph. The radiographs should clearly demonstrate the acetabular configuration and the endosteal and periosteal contours of the femoral head, neck and proximal femur.



Frequently, the affected hip is fixed in external rotation, which leads one to underestimate the amount of offset present. In this situation it may be helpful to template the normal hip. Take a Lowenstein lateral with the patient on his/her side, and the trochanter, ankle and knee on the table. Alternately, take a Johnson's lateral for a detailed examination of the anatomic version and anterior osteophytes. Take into consideration any anatomical anomaly, dysplasia, previous fracture or leg length discrepancy.

PINNACLE® Acetabular Templates are oriented at 45 degrees and allow measurement of any hip that can be accommodated by approved components of the CERAMAX Hip System. Using the A/P radiograph, position the template 35-45 degrees to the interteardrop or interischial line so that the inferomedial aspect of the cup abuts the teardrop and the superior-lateral cup is not excessively uncovered (Figures 1A and 1B).

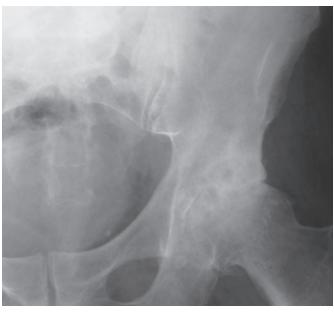
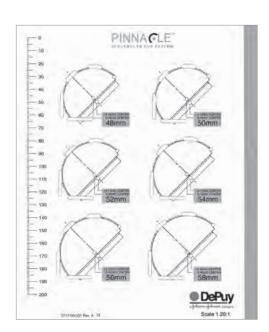


Figure 1A: Acetabulum with Good Lateral Coverage



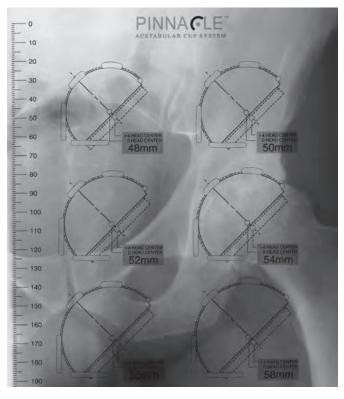


Figure 1B: Properly Positioned Acetabular Template

### ANTEROLATERAL SURGICAL APPROACH

Use the approach with which you are most familiar. CERAMAX Hip System instrumentation was designed to accommodate all surgical approaches.

#### **Skin Incision**

For the anterolateral approach, place the patient in the lateral decubitus position and execute a skin incision that extends from distal to proximal, centered over the anterior aspect of the femur, continuing over the greater trochanter tip (Figure 2).



Figure 2: Skin Incision

#### **Fascial Incision**

The iliotibial band is split under the skin incision, extending proximally into the gluteus maximus or in between the maximus and the tensor fascia lata muscles (Figure 3).

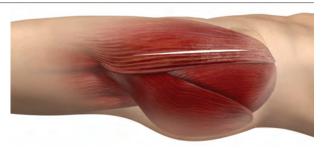


Figure 3: Fascial Incision

#### **Initial Exposure**

Palpate the anterior and posterior borders of the gluteus medius. The gluteus medius is split from the trochanter, parallel to its fibers, releasing the anterior 1/2 to 1/3 of the muscle (Figure 4).

The gluteus medius should not be split more than 4 cm from the tip of the greater trochanter. Care must be taken to ensure the inferior branch of the superior gluteal nerve is not damaged. The gluteus minimus is exposed and released either with or separate from the gluteus medius (Figure 5). Flexion and external rotation of the leg facilitates exposure of the hip capsule, which is incised or excised depending on surgeon preference.

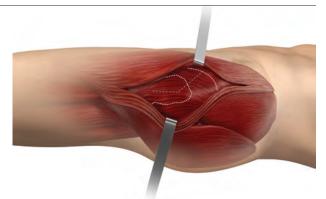


Figure 4: Gluteus Medius Split



Figure 5: Capsulotomy/Capsulectomy

#### **Hip Dislocation**

Dislocate the hip with gentle adduction, external rotation and flexion. The patient's leg is now across the contralateral leg and the foot is placed in a sterile pouch (Figure 6). If dislocation is difficult, additional inferior capsule may be released.



Figure 6: Hip Dislocation

#### **Femoral Neck Osteotomy**

Perform a femoral neck osteotomy based upon the protocol for the selected femoral prosthesis. Exposure of the acetabulum is accomplished by placing the leg back on the table in slight flexion and external rotation. Use a self-retaining retractor to spread the medius and minimus anteriorly and the hip capsule posteriorly (Figure 7).

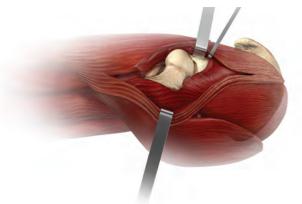


Figure 7: Femoral Neck Osteotomy

#### **Acetabular Exposure**

Carefully place another retractor over the anterior inferior wall of the acetabulum. The final retractor is placed in the acetabular notch beneath the transverse ligament and pulls the femur posteriorly (Figure 8).

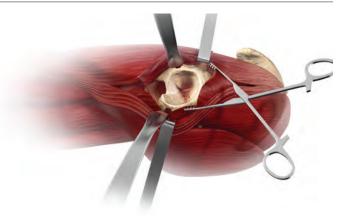


Figure 8: Acetabular Exposure

### POSTEROLATERAL SURGICAL APPROACH

Use the approach with which you are most familiar. CERAMAX Hip System instrumentation was designed to accommodate all surgical approaches.

#### **Skin Incision**

For the posterolateral approach, place the patient in the lateral decubitus position. Ensure that the operating table is parallel to the floor and that the patient is adequately secured to the table to improve accuracy.

Center the skin incision over the greater trochanter, carrying it distally over the femoral shaft for about 15 cm and proximally in a gently curving posterior arc of about 30 degrees for about the same distance (Figure 9).

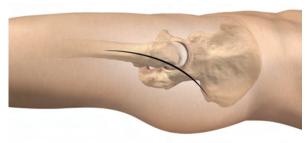


Figure 9: Skin Incision

#### **Fascial Incision**

Incise the iliotibial tract distally following the skin incision. Develop the incision proximally by blunt dissection of the gluteus maximus along the direction of its fibers (Figure 10).



Figure 10: Fascial Incision

#### **Initial Exposure**

Place the leg in extension and internal rotation. Utilize self-retaining retractors to facilitate the exposure. Gently sweep loose tissue posteriorly, exposing the underlying short external rotators and quadratus femoris. Identify the posterior margin of the gluteus medius muscle proximally and the tendon of the gluteus maximus distally (Figure 11). Use caution to protect the sciatic nerve.

Incise the quadratus femoris, leaving a cuff of tissue for later repair (Figure 12). This exposes the terminal branch of the medial circumflex artery, which lies deep to the proximal third of the quadratus femoris. Identify the piriformis tendon, the obturator internus tendon (conjoint with the gemelli tendons) and the tendon of the obturator externus, and free them from their insertions at the greater trochanter. The piriformis and the conjoint tendon may be tagged for subsequent reapproximation.



Figure 11: Short External Rotators



Figure 12: Posterior Capsulotomy

#### **Posterior Capsulotomy**

Retract the short rotator muscles posteromedially together with the gluteus maximus (with consideration to the proximity of the sciatic nerve), thus exposing the posterior capsule (refer to Figure 12). Place cobra retractors anteriorly and inferiorly (Figure 13).

Open the capsule posteriorly starting at the acetabular margin at about 12 o'clock and heading to the base of the neck, around the base of the neck inferiorly and back to the inferior acetabulum, creating a posteriorly based flap for subsequent repair. Excise additional anteriorsuperior capsule to enhance dislocation of the hip. Alternatively the capsule can be excised.

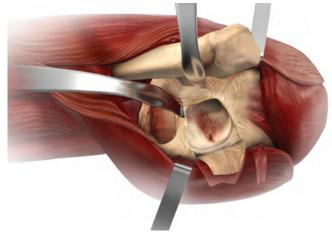


Figure 13: Posterior Capsulotomy

#### **Femoral Exposure**

Place a superior pin or retractor in the ilium at approximately the 12 o'clock position. The pin placement is approximately 2 cm superior to the acetabular margin. Caution should be taken not to penetrate the medial wall of the ilium. Measure leg length and dislocate the hip through a combination of flexion, adduction and internal rotation. Osteotomize the femoral neck in accordance with the protocol of the femoral component you have selected.

#### **Acetabular Exposure**

One key to proper acetabular component positioning is adequate surgical exposure. Following femoral neck resection, pass a curved retractor, which straddles the pubis, or a blunt cobra over the anterior column to displace the femur anteriorly (Figure 14).

Position a second retractor at the acetabular notch, inferior to the transverse acetabular ligament. An additional retractor may be positioned posteriorly to retract the capsule or short external rotators.

Care should be taken to position retractors to avoid injury to the sciatic nerve. Obtain an unobstructed view of the acetabulum. Excise the entire labrum and remove osteophytes to identify the true anterior and posterior acetabular margins. Release or resect the transverse ligament, together with any accompanying osteophytes. A branch of the obturator artery is often encountered. Clear all soft tissue from the fovea to define the true medial wall.

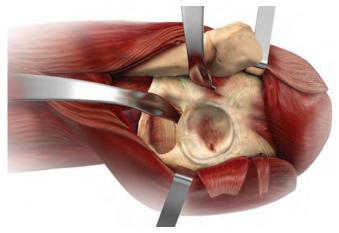


Figure 14: Acetabular Exposure

### **ACETABULAR REAMING**

The goal of acetabular reaming is to restore the center of the original acetabulum.

Initially employ a grater 6-8 mm smaller than the anticipated acetabular component size to deepen the acetabulum to the level determined by pre-operative templating (Figures 15 and 16). Subsequent reaming should proceed in 1-2 mm increments. Center the graters in the acetabulum until the deepened socket becomes a true hemisphere. Use a curette to free all cysts of fibrous tissue. Pack any defects densely with cancellous bone.

It is important to understand that all CERAMAX Hip System instrumentation is marked with true dimensions. The graters, shell trials and acetabular implants are all 180 degrees (Figure 17).

Under-reaming of the acetabulum is dependent on bone quality and the size of the acetabular component. A 1 mm under-ream is usually sufficient in smaller sockets, while a larger socket may require a 1-2 mm under-ream. Likewise, soft bone will more readily accommodate a greater press-fit of the acetabular component than sclerotic bone.

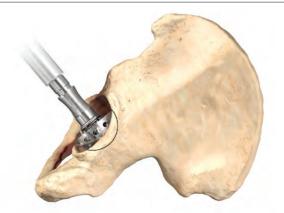
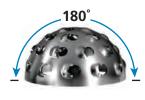


Figure 15: Acetabular Reaming



Figure 16: Acetabular Reaming



A 54 mm QUICKSET® grater reams a 54 mm cavity.



A 54 mm trial shell is 54 mm in diameter.



A 54 mm PINNACLE acetabular shell is 54 mm in diameter as measured over the POROCOAT® Porous Coating.

Figure 17

# ACETABULAR SHELL TRIALING AND POSITIONING

#### **Determining the Abduction Angle**

The pre-operative A/P x-ray can help determine the ideal abduction angle (Figure 18). The lateral ilium is a useful landmark as an intraoperative guide to a proper abduction angle.

In a normal acetabulum with good lateral coverage, if the implanted socket lies flush with a normal lateral pillar, the abduction angle is usually correct (Figure 19).

However, degenerative sockets often have deficient lateral covering. The pre-operative A/P x-ray can be helpful in determining how much of the acetabular component should be left uncovered to provide the proper implant abduction angle (Figure 20).

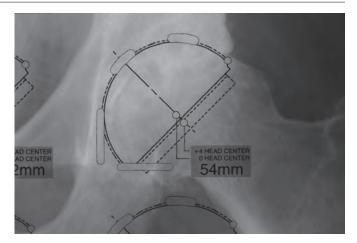


Figure 18

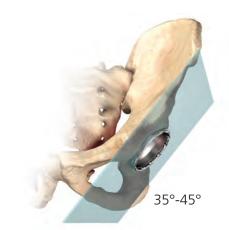


Figure 19: Shell Abduction

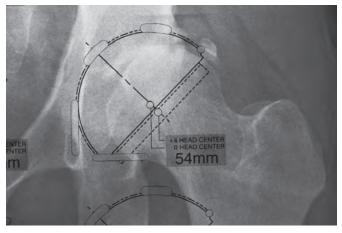


Figure 20

# ACETABULAR SHELL TRIALING AND POSITIONING

#### **Determining Proper Anteversion**

The most reliable method for determining proper anteversion is the use of bony landmarks. Other methods are subject to error through a change in patient position during the procedure. Defining the bony landmarks of the ischium and pubis during exposure greatly facilitates proper acetabular component position. The plane created by the pubis and the ischium can serve as a guide for proper acetabular shell orientation. The cup should be slightly more anteverted than the pubis/ischial plane. This relationship should remain constant regardless of the depth of reaming (Figure 21).

Shell trials in 1 mm incremental sizes are available to assess shell fit and orientation. Contingent on the quality of the prepared bone, select the acetabular trial equal to or 1 mm larger in diameter than the final grater size. The size of the shell trial is as marked on the trial shell (54 mm measures 54 mm). Peripheral rim ridges on the shell trial enhance the stability of the trial shell through trial reduction. Even liner trials fit both odd and even shell trials. For example, a 54 mm ceramic insert trial fits both the 54 mm and the 53 mm shell trials. Using shell and liner trials in conjunction with the femoral component trials aids in ensuring optimum position of the components.

Place the shell trial in an anatomic orientation with an abduction 35-45 degrees to the transverse plane (refer to Figure 19) and 15-20 degrees anteversion.

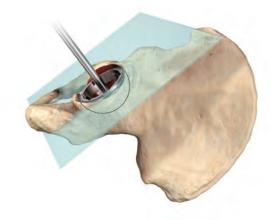


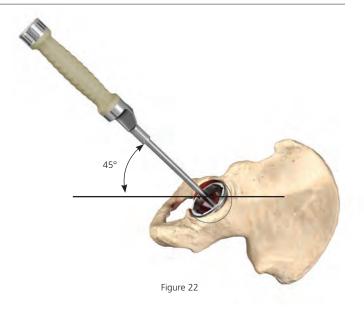
Figure 21: Targeted shell anteversion of 15°-20°

Confirm complete shell trial seating by sighting through the holes and cutouts in the acetabular shell trial. Appropriate trial shell orientation can be verified with external alignment guides in addition to bony landmarks.

With the patient in the lateral decubitus position and the version guide parallel to the floor (Figure 22), the shell will be in 45 degrees of abduction.

The extended arm of the version guide follows the long axis of the patient's body, corresponding to the affected hip, to achieve appropriate anteversion.

The external alignment guide will not be accurate if the pelvis is tilted or if the patient has rolled forward or backward.



#### SHELL AND INSERT TRIAL SIZES







Shell Trial Size (mm)	Insert Trial Size (28mm)	Insert Trial Size (36mm)
47, 48	48	-
49, 50	50	-
51, 52	52	52
53, 54	54	54
55, 56	56	56
57, 58	58	58
59, 60	60	60
61, 62	-	62
63, 64	-	64
65, 66	-	66

# IMPLANTING THE ACETABULAR SHELL

#### **Shell Insertion**

Every PINNACLE® acetabular shell style is implanted using the same basic surgical technique; however, some shell styles have technique-specific tips that help facilitate implantation. Before implanting the final prosthesis, take the hip through a full range of motion and stability assessment with all trial components in position.

Securely thread the permanent acetabular shell prosthesis onto the acetabular cup positioner (Figure 23). Use the acetabular alignment guide to assist in component orientation.

After confirming alignment, impact the prosthesis into position (Figure 24). Given the nature of a hemispherical acetabular component, rim contact will occur before dome seating occurs. This may require additional impaction for proper seating. Confirm seating by sighting through the apical hole. An apical hole eliminator may be inserted with a standard hex head screwdriver following shell impaction. Following final component seating, if adjustments to the shell orientation are necessary, thread the impactor handle back into the apical hole to adjust the cup position. Avoid adjusting the shell position by impacting the taper region and/or shell face, as this may cause damage to the taper.

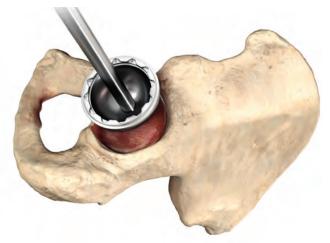


Figure 23



Figure 24: Confirm Acetabular Shell Alignment

# IMPLANTING THE ACETABULAR SHELL WITH SCREW FIXATION

#### **Screw Insertion**

The Sector II shell has three screw holes and is designed for insertion with screws. QUICKSET® Acetabular Screw Instruments are recommended for screw insertion. Two medial hole alternatives are placed to enable screw placement up the posterior column in either the right or left hip. The single lateral screw provides additional access to the ilium.

Select holes where the prosthesis is to be anchored with cancellous screws so that the screws lie within a safe quadrant. The safe quadrant is defined by two lines from the anterior-inferior iliac spine through the center of the acetabulum and posterior by a line from the sciatic notch to the center of the acetabulum (Figure 25).

The drill bit is controlled by the drill guide as it passes through selected holes into the acetabulum (Figure 26). The screw angle may vary by as much as 34 degrees (Figure 27). The effective lengths of the 7 drill bits available are 25, 30, 35, 40, 45, 55, and 70 mm. By seating the drill bit completely into the guide, holes corresponding to the effective length of the drill bit will be created.

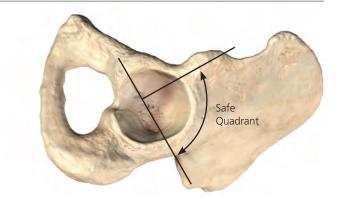


Figure 25



Figure 26: Drill Guide



Figure 27: Screw Angulation

# IMPLANTING THE ACETABULAR SHELL WITH SCREW FIXATION

Verify hole depth using the QUICKSET depth gauge. Alternating colors on the depth gauge represent 10 mm increments (Figure 28).

Insert 6.5 mm PINNACLE cancellous bone screws using a hex head screwdriver (Figures 29). The 6.5 mm self-tapping screws have four-point cutting flutes with a blunt tip to reduce the risk of neurovascular injury (Figure 30).

Ensure flush seating of the screw head within the PINNACLE shell dome holes, (Figures 31A and 31B) such that no portion of the head is prominent above the recessed hole (Figure 31C)



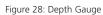
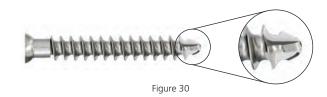




Figure 29: Screw Insertion



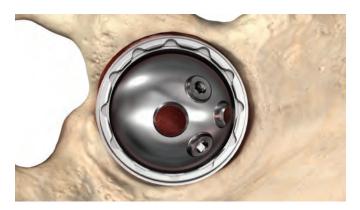


Figure 31A

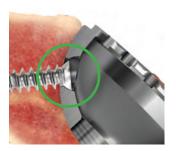


Figure 31B

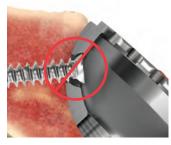


Figure 31C

# CERAMAX® CERAMIC INSERT TRIALING

For optimal component placement when using alternative bearings, trialing is critical. Dedicated trials for alternative bearings exist that are designed to help ensure the correct restoration of biomechanics.

#### **Femoral Preparation**

The CERAMAX Hip System may only be used with the SUMMIT® POROCOAT® Stem, the S-ROM® POROCOAT Modular Hip System and the TRI-LOCK® Bone Preservation Stem, when used in conjuction with appropriate compatible components. Refer to the Compatibility Guide on page 36 when ordering compatible components for the CERAMAX Ceramic Total Hip System.







36mm CERAMAX Ceramic Insert Trial



### S-ROM® SURGICAL TECHNIQUE



Step 1 Neck Osteotomy (90 degrees)

Perform a preliminary resection of the femoral neck using the biomechanical femoral neck resection template as a guide. The hole in the neck of the resection template is located at the center of the femoral head.

The notch on the medial aspect of the template indicates the most distal point for making the neck resection.



**Step 2 IM Initiator** 

Open the femoral canal by penetrating the superior femoral cortex with the stepped starter drill.

Enter the medullary canal by employing the starter drill, beginning at the posterior margin of the junction of the neck resection and the complementary cut at the trochanteric fossa.

To protect against varus positioning, the box osteotome can be used to remove additional bone from the medial aspect of the greater trochanter.



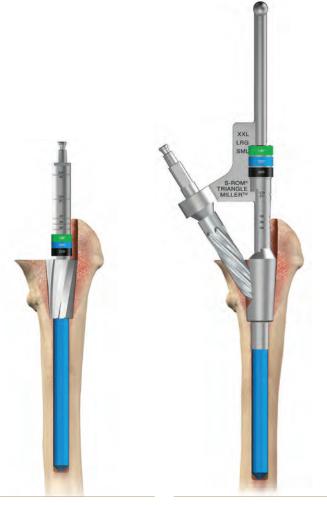
Step 3
Distal Reamer

Sizing begins with the distal stem selected. The distal diameter determines the corresponding proximal stem diameter.

Begin axial reaming with the smallest reamer and work up sequentially until cortical contact is achieved.

In keeping with pre-operative planning, the final straight reamer should correspond to, or be a half-millimeter larger than, the minor diameter of the selected femoral stem.

The appropriate reamer depth has been established when the witness mark on each distal reamer aligns with the tip of the greater trochanter.





Upon completion of distal reaming, prepare the proximal or "cone" portion of the final sleeve to be implanted.

A set of triple-banded, color-coded cone reamers is available for preparing the proximal canal. The A/P diameter of the cone reamer is marked in large print. On the opposite side, the three proximal sleeve sizes are marked with the corresponding sleeve configuration. The location of each color band moves from distal to proximal as the size increases.

The distal stem size selected in Step 3 dictates the basic proximal or cone size range for the final sleeve.

**Step 5**Calcar Triangle Milling

Use the triangle miller to prepare the femur to accommodate the calcar triangle of the final sleeve.

Select a miller shell that corresponds in size to the final cone reamer used in Step 4. Numeric markings of the A/P diameter are found on cone reamers and miller shells for cross reference verification.



Assemble the trial implant by snapping the chosen neck onto the appropriate size distal stem trial.

Introduce prior to trial reduction. The trial neck can be adjusted in 10-degree increments until desired version is obtained.

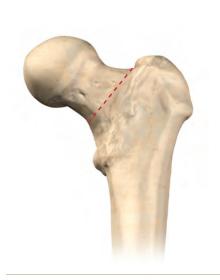


**Step 7 Final Implantation** 

Place the stem introducer handle onto the femoral implant and insert the pin punch into the rotational alignment hole in the femoral neck.

Using the pin punch as a version control guide, impact the femoral implant until securely seated. The taper is locked when the stem will no longer advance and 2-3 mm remains between the inferior aspect of the femoral neck and the superior aspect of the implant sleeve.

# SUMMIT® POROCOAT SURGICAL TECHNIQUE





Align the neck resection guide with the long axis of the femur.

Determine the resection level by aligning the top of the guide with the tip of the greater trochanter or measuring the pre-operatively determined distance above the lesser trochanter.

Mark the resection line using electrocautery or methylene blue.\*

Resect the femoral head.

\*Tip: Make a conservative neck resection initially and use the calcar planer to adjust.



**Step 2 Medullary Canal Access** 

Place the IM initiator at the posterior margin of the neck resection laterally near the piriformis fossa.

Advance the IM initiator until sufficient circumferential clearance for the box osteotome and canal probe is achieved.



**Step 3 Tapered Reaming** 

Sequentially ream starting 2-3 sizes below the pre-operatively templated size.

Example: If the hips pre-operatively templated for a size 6 implant, then tapered reaming would begin with the size 2-3 reamer and progress to the size 6-7 reamer.

Each reamer has dual depth calibration lines for each of the two stem sizes, distally located for calcar referencing and proximally for greater trochanter referencing.



### Step 4 Femoral Broaching

With the broach oriented laterally toward the greater trochanter, broach sequentially starting 2-3 sizes below the pre-operatively templated size.

There is one broach for every implant size. During sequential broaching, the broach may become difficult to remove, therefore the broach extractor is recommended.

The final broach should fit and fill the proximal femur with the top of the cutting teeth at the desired neck resection. This final broach should feel rotationally stable.

Example: If the femur was reamed to a size 6, it should then be broached to a size 6 and assessed for axial and rotational stability.



Step 5
Trial Reduction

Standard and high offset neck segments and trial modular heads are available to assess proper component position, joint stability and range of motion.

Trial heads are color-coded for differentiation. The brown +5 head is the neutral head and doesn't change the offset of the trial.

Tip: The SUMMIT instrumentation is designed to prepare the femur line-to-line. The porous-coated region of the femoral component is oversized by .375 mm per side relative to the instrumentation. If the broach size is countersunk more than 4 mm below the neck resection, reevaluate the resection level. If the neck resection level is determined to be correct, the next larger size broach is recommended.



**Step 6 Final Implantation** 

Select the stem size that corresponds to the final broach. Introduce the implant into the femoral canal by hand and orient the implant with proper alignment and version. Using moderate mallet blows, advance the stem into position. In the area of POROCOAT Porous Coating, the implant is oversized by .375 mm per side relative to the broach.

Excessive force should not be needed to seat the stem. The implant is fully seated when the top of the POROCOAT coating reaches the level where the face of the broach previously sat and the implant is stable. It is possible for the implant to be seated and stable and still display 2-3 rows of POROCOAT proximally.

# TRI-LOCK® BONE PRESERVATION STEM SURGICAL TECHNIQUE



**Step 1**Neck Osteotomy (50 degrees)

Align the neck resection guide with the long axis of the femur. This establishes the angle of resection at a proper 50° from the femoral axis. Determine the resection level by aligning the top of the guide with the tip of the greater trochanter or by measuring a pre-operatively determined distance above the lesser trochanter. Mark the resection line using electrocautery or methylene blue. Resect the femoral head.



**Step 2**Femoral Canal Initiation

Utilize the modular box osteotome to enter the femoral canal and to establish version. If needed the box osteotome can be used to clear bone laterally.



**Step 3**Femoral Canal Preparation

The Tri-Lock Bone Preservation Stem offers several broach handles that enable the many surgical approaches for hip replacement. Select the handle that best suits the needs of the performed approach. Begin using a broach at least two sizes smaller than the preoperatively templated stem size. The starter broach can be used when needed for small femoral geometries, or for clearing bone laterally. While taking care to maintain proper alignment and version, sequentially advance the broaches down the femoral canal. Continue to increase broach size until intimate contact is made between the broach and the medial and lateral cortices. The final size is achieved when the broach maintains axial and rotational stability, and is at a seating level that recreates proper leg length.



Step 4
Calcar Preparation

Calcar planing is optional, as the Tri-Lock Bone Preservation Stem is a collarless design. With the final broach fully seated, place the planer over the broach stud. Apply power prior to engaging the calcar to prevent the planer from binding. Mill the calcar to the level of the broach face.



Step 5
Trial Reduction

Trial neck segments and trial heads are available to assess proper component position, joint stability, range-of-motion and leg length. Standard and high offset options are available for each stem size. Offset increases 6-8 mm (depending on stem size) from the standard to the high offset option, via direct lateralization. With the final broach in-situ, attach the appropriate trial neck and trial head. Reduce the hip and assess what adjustments, if any, are required to ensure stability through a full range of motion. When stability is achieved, note the broach size and head/neck offset.



**Step 6**Femoral Component Insertion

Stem inserters with various geometries are available to enable the many surgical approaches for hip replacement. The retaining stem inserter can be used if a positive connection between the implant and instrument is required. Select the stem size that corresponds to the final broach. In the area of Gription coating, the implant is oversized by 0.25 mm per side relative to the broach. Introduce the implant into the femoral canal by hand. Take care to orient the implant with proper alignment and version. Using moderate mallet blows, advance the stem into position. The implant is fully seated when the top of the Gription coating reaches the level where the face of the broach previously sat and the implant is stable. Excessive force should not be needed to seat the stem.

# ALTERNATIVE BEARING (AB) GRIPPER INSERTION TECHNIQUE

Assemble the appropriate size gripper (Figure 25) to the shaft by aligning the slot of the gripper with the crosspin of the shaft. There will be an audible click when the gripper is in place.

Thread the appropriate size tip (Figure 26) onto the shaft in a clockwise motion.



After threading on the tip, pull the gripper down toward the tip (Figure 27) to ensure it is in the proper starting position.

**Note:** It is highly recommended to utilize AB Gripper instruments to reduce the risk of canting CERAMAX ceramic inserts during insertion.



Figure 27

Press-fit the CERAMAX ceramic insert on the gripper component. For ease of assembly, engage one side of the gripper first (Figure 28) and then snap on the opposite side (Figure 29). **Verify that the insert is fully seated to enable proper alignment**.



Before placing the CERAMAX ceramic insert into the PINNACLE shell, ensure all mating surfaces are clean and free of debris (Figure 30). Handle the ceramic insert carefully to avoid damage that could compromise the mechanical integrity of the insert taper locking mechanism.



Figure 30

Advance the ceramic insert into the incision (Figure 31) and align the face of the gripper to the face of the shell. Proper alignment is achieved when the locking tabs of the gripper are inserted into the scallops of the shell (Figure 32) and, as a result, the instrument does not rotate.



Figure 31

# ALTERNATIVE BEARING (AB) GRIPPER INSERTION TECHNIQUE

Press firmly on handle (Figure 33) to introduce the ceramic insert into the PINNACLE shell. An audible click from the gripper will assist in determining when the insert has been seated.



Figure 32



Figure 33

Carefully remove the gripper instrument (Figure 34). Do not attempt to fully engage the taper locking mechanism by striking the end of the gripper inserter.



Figure 34

Prior to final impaction, examine the ceramic insert (Figure 35) to confirm that it is seated evenly relative to the shell face.



Figure 35

Use an impactor with the appropriate size impactor tip for final seating of the CERAMAX ceramic insert (Figure 36). Final seating requires two to four moderate blows.

Note: As stated under Warnings in the physician labeling, "Implants are for single use only. Do not reuse an implant in order to be sure there has been no damage to the implants."

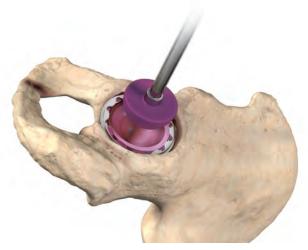


Figure 36

### SUCTION CUP INSERTION TECHNIQUE

Before placing the CERAMAX ceramic insert into the PINNACLE® shell, ensure all mating surfaces are clean and free of debris (Figure 37). Handle the ceramic insert carefully to avoid damage that could compromise the mechanical integrity of the insert taper locking mechanism.

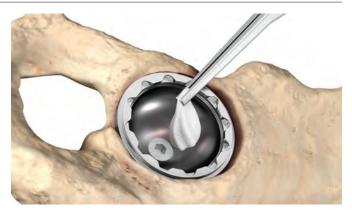


Figure 37: Ensure all taper-mating surfaces are clean and free of debris

Attach the suction cup inserter to the ceramic insert ID in any angle that facilitates introduction of the insert into the acetabular shell. Cautiously advance the ceramic insert to ensure circumferential alignment of the taper mechanism (Figure 38). Palpate the ceramic insert to confirm proper taper alignment and seating in the shell. The liner should fit flush relative to the face of the shell. Apply finger pressure to ensure initial locking of the taper mechanism. Do not attempt to fully engage the taper locking mechanism by striking the end of the suction cup inserter.



Figure 38: Confirm proper taper alignment of ceramic insert

It is important to cautiously release the suction cup insertion instrument from the CERAMAX ceramic insert so the insert does not disengage from the shell. It is recommended that the ceramic insert be secured with a thumb and forefinger placed superiorly and inferiorly while the suction cup instrument is disengaged from the insert (Figure 39).



Figure 39: Release suction cup inserter

Prior to final impaction, examine the insert to confirm that it is seated evenly relative to the shell face. Use an impactor with the appropriate head size for final seating of the ceramic insert. Final seating requires two to four moderate blows (Figure 40).

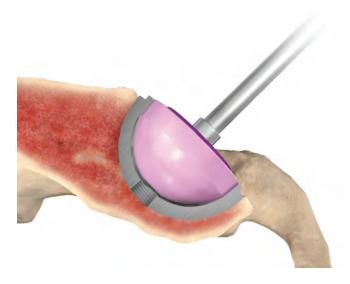
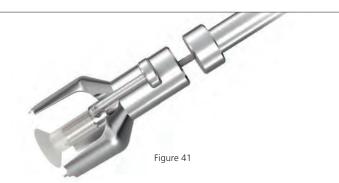


Figure 40: Verify insert alignment and impact insert

# CERAMAX CERAMIC INSERT REMOVAL TECHNIQUE

If it is necessary to remove a CERAMAX ceramic insert from a PINNACLE shell, thread the extractor handle onto the appropriate size alternative bearing (AB) extractor (each shell size has a specific extractor; e.g., a 54 mm shell uses a 54 mm extractor) (Figure 41).



Place the three tips of the AB extractor into any three scallops on the face of the PINNACLE shell (Figure 42).



Push down the attached lever with thumb pressure to engage the suction cup to the inner diameter of the ceramic insert (Figure 43).



Figure 43

To remove the CERAMAX ceramic insert from the shell, impact the extraction handle lightly one to two times. The resulting vibration will release the taper lock between the ceramic insert and the PINNACLE shell. The insert will be lifted out of the shell by the suction cup mechanism (Figure 44).



Figure 44

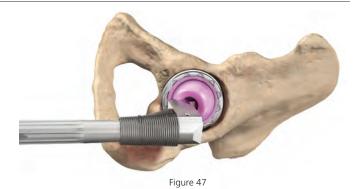
### **FUNCTIONAL ASSESSMENT**

Select the appropriate femoral head and place it onto the selected stem. Apply finger pressure to firmly seat the head onto the stem. Utilizing the femoral head impactor, impact the femoral head onto the stem with two moderate blows. Once the head is impacted, the hip is then reduced with final components in place (Figures 45 and 46).



ire 45

Correct component placement is critical for the longevity of the hip reconstruction. Component placement is especially critical when alternative bearings are used in the reconstruction. The following illustration depicts the position of the femoral component neck with relation to the opening of the acetabular component with the reconstructed hip in neutral rotation (Figure 47).



To assess the combined anteversion of the femoral stem and acetabular component, place the patient in the lateral decubitus position with the operative hip gently flexed and internally rotated (Figure 48) until the circumference of the femoral head becomes coplanar with the opening of the acetabular insert (i.e., the axis of the femoral neck is perpendicular to the insert face). This position is depicted through a frontal view (Figure 49) and through a lateral view (Figure 50).

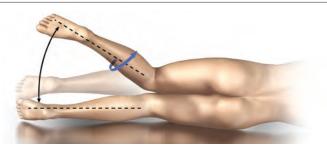


Figure 48: Combined Anteversion

The angle between horizontal and the internally rotated operative leg provides an estimate of combined anteversion of the acetabular component and the femoral stem. Combined anteversion at 30-40 degrees is generally acceptable.



Figure 49

Figure 50

# TIGHT EXPOSURE AND STABILITY TIPS

#### TIGHT EXPOSURE

If the exposure is tight, completely incise the anterior capsule, perform a partial or complete release of the gluteus maximus tendon and release the reflected head of the rectus femoris.

#### STABILITY ASSESSMENT

#### **Posterior Instability**

With the trial implants in place, place the hip in 90 degrees of flexion, neutral abduction and internally rotate until subluxation. If there is less than 60 degrees of internal rotation, determine the cause of instability.

#### **Prosthetic Impingement**

#### **PROBLEM**

• Femoral implant neck levers on the component rim.

#### **SOLUTION**

- Reposition shell to correct version/abduction.
- Increase head size and evaluate.
- Increase anteversion of the stem.

#### **Bony Impingement**

#### **PROBLEM**

- Prosthetic neck levers on anterior acetabular osteophyte.
- Greater trochanter impinging on ilium.

#### **SOLUTION**

- Remove anterior osteophytes from the acetabulum.
   Increase stem offset to move trochanter away from the ilium.
- Remove anterior trochanteric bone.

#### **Soft Tissue Impingement**

#### **PROBLEM**

 Redundant anterior capsule causes head to lever out of socket.

#### **SOLUTION**

Resect redundant anterior capsule.

#### **Soft Tissue Laxity**

#### **PROBLEM**

• Lax soft tissue leading to multidirectional instability.

#### **SOLUTION**

- Increase the neck length.
- Advance the trochanter.

#### STABILITY ASSESSMENT

#### **Anterior Instability**

With the implant trial in place, place the hip in extension and maximally externally rotate; subluxation should not occur. If subluxation occurs, assess the following:

#### **Prosthetic Impingement**

#### **PROBLEM**

• Prosthetic neck impinges on the acetabular cup.

#### **SOLUTION**

- Reposition acetabular component to decrease anteversion.
- Decrease anteversion of the femoral stem.
- Increase the head size and re-evaluate.

#### **Bony Impingement**

#### **PROBLEM**

• Femur impinges on the ischium.

#### **SOLUTION**

- Increase femoral offset.
- Decrease acetabular or stem anteversion.

### THE KEYS TO MANAGING STABILITY ARE:

- 1. Ensure the appropriate anteversion/abduction of the acetabular and femoral components.
- 2. Restore correct leg length and femoral offset.
- 3. Repair the posterior capsule and rotators.
- 4. Work with the patient to ensure appropriate post-operative precautions are followed.

#### **CLOSURE**

Closure is based on the surgeon's preference and the individual case. If the capsule is retained, it is closed separately. The gluteus minimus and gluteus medius can be closed separately or as a single unit. At least one stitch is passed through bone. Tension is relieved during the repair with slight internal rotation. The repair should be tested throughout the hip range of motion.

### **COMPATIBILITY GUIDE**

Bone Preservation Stem

Please refer to the following tables and illustrations when ordering compatible components that may be used together for the CERAMAX Ceramic Total Hip System.

#### 28mm CERAMAX Compatible Components



+1.5, +5, +8.5 (12/14 Taper)

#### **36mm CERAMAX Compatible Components**

56, 58, 60

Sector II Series (48 - 60mm) Multi-Hole Series (48 - 60mm)

Femoral Stem Options	36mm BIOLOX <i>delta</i> Femoral Head Off-Set Options	36mm CERAMAX Ceramic Insert Options	PINNACLE Acetabular Shell Options
S-ROM Modular Hip	+0, +3, +6 (11/13 Taper)	52, 54, 56, 58, 60, 62, 64, 66	100 Series (52 - 66mm) Sector II Series (52 - 66mm)
SUMMIT Hip	+1.5, +5, +8.5, +12 (12/14 Taper)	52, 54, 56, 58, 60, 62, 64, 66	100 Series (52 - 66mm) Sector II Series (52 - 66mm)
	S-ROM Modular Hip	Femoral Stem Options  BIOLOX delta Femoral Head Off-Set Options  S-ROM Modular Hip +0, +3, +6 (11/13 Taper)  +1.5, +5, +8.5,	Femoral Stem Options         BIOLOX delta Femoral Head Off-Set Options         CERAMAX Ceramic Insert Options           S-ROM Modular Hip         +0, +3, +6 (11/13 Taper)         52, 54, 56, 58, 60, 62, 64, 66           SLIMMIT Hip         +1.5, +5, +8.5, 52, 54, 56, 58,

# CERAMAX CERAMIC INSERT AND SHELL OPTIONS



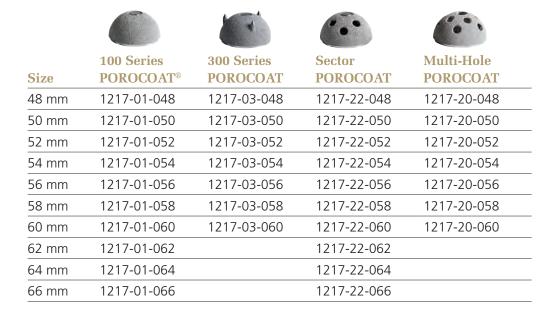
#### 28 mm CERAMAX Ceramic Inserts

OD.	Cat No.
48 mm	1218-89-648
50 mm	1218-89-650
52 mm	1218-89-652
54 mm	1218-89-654
56 mm	1218-89-656
58 mm	1218-89-658
60 mm	1218-89-660



### **36 mm Ceramax** Ceramic Inserts

OD	Cat. No.
52 mm	1218-87-652
54 mm	1218-87-654
56 mm	1218-87-656
58 mm	1218-87-658
60 mm	1218-87-660
62 mm	1218-87-662
64 mm	1218-87-664
66 mm	1218-87-666



# CERAMAX CERAMIC HEAD AND SCREW OPTIONS



#### S-ROM 11/13 Heads

Size	OD	Cat. No.
+0	28 mm	1365-28-210
+3	28 mm	1365-28-220
+6	28 mm	1365-28-230



#### ARTICUL/EZE® 12/14 Heads

Size	OD	Cat. No.
+1.5	28 mm	1365-28-310
+5.0	28 mm	1365-28-320
+8.5	28 mm	1365-28-330



S-ROM 11/13 Heads

Size	OD	Cat. No.
+0	36 mm	1365-36-210
+3	36 mm	1365-36-220
+6	36 mm	1365-36-230



#### ARTICUL/EZE® 12/14 Heads

Size	OD	Cat. No.
+1.5	36 mm	1365-36-310
+5	36 mm	1365-36-320
+8.5	36 mm	1365-36-330
+12	36 mm	1365-36-340

#### **6.5 Cancellous Dome Screws**

Length	Cat. No.
8 mm	1217-08-500
15 mm	1217-15-500
20 mm	1217-20-500
25 mm	1217-25-500
30 mm	1217-30-500
35 mm	1217-35-500
40 mm	1217-40-500
45 mm	1217-45-500
50 mm	1217-50-500
55 mm	1217-55-500
60 mm	1217-60-500
65 mm	1217-65-500
70 mm	1217-70-500

#### **Apex Hole Eliminator**

Cat. No.	
38 - 42 mm	N/A
48 - 66 mm	1246-03-000

#### S-ROM Standard Femoral Stems – Lateral Neck 11/13 Taper

Cat. No.	Stem Length	Stem Size (mm) Dist. x Prox. x Length	Neck Length (mm)
56-3514	Standard	9 x 14 x 130	30 +4L
56-3516	Standard	11 x 16 x 150	30+4L
56-3517	Standard	11 x 16 x 150	36 +6L
56-3518	Standard	13 x 18 x 160	30 +4L
52-3418	Standard	13 x 18 x 160	36 +8L
56-3618	Standard	13 x 18 x 160	36 +12L
52-3420	Standard	15 x 20 x 165	36 +8L
56-3620	Standard	15 x 20 x 165	36 +12L
52-3422	Standard	17 x 22 x 165	36 +8L
56-3622	Standard	17 x 22 x 165	36 +12L
52-3424	Standard	19 x 24 x 175	36 +8L
56-3624	Standard	19 x 24 x 175	36 +12L
56-3626	Standard	21 x 26 x 175	36 +12L

#### S-ROM Standard Femoral Stems – Calcar Replacement + Standard Neck 11/13 Taper

Cat. No.	Stem Length	Stem Size (mm) Dist. x Prox. x Length	Neck Length (mm)
52-6676	Standard	11 x 16 x 150	36 +21 CR
52-6678	Standard	13 x 18 x 160	36 +21 CR
52-6680	Standard	15 x 20 x 165	36 +21 CR
52-6682	Standard	17 x 22 x 165	36 +21 CR
52-6684	Standard	19 x 24 x 175	36 +21 CR

#### S-ROM Standard Femoral Stems – Standard Neck 11/13 Taper

Cat. No.	Stem Length	Stem Size (mm) Dist. x Prox. x Length	Neck Length (mm)
52-3206	Standard	6 x 12 x 115	30
52-3207	Standard	7 x 12 x 115	30
52-3208	Standard	8 x 14 x 130	30
52-3291	Standard	9 x 14 x 130	30
52-3191	Standard	9 x 14 x 130	36
52-3292	Standard	11 x 16 x 150	30
52-3251	Standard	9 x 14 x 150	30
52-3192	Standard	11 x 16 x 150	36
52-3293	Standard	13 x 18 x 160	30
52-3193	Standard	13 x 18 x 160	36
52-3393	Standard	13 x 18 x 160	42
52-3194	Standard	15 x 20 x 165	36
52-3394	Standard	15 x 20 x 165	42
52-3195	Standard	17 x 22 x 165	36
52-3395	Standard	17 x 22 x 165	42
52-3196	Standard	19 x 24 x 175	36
52-3396	Standard	19 x 24 x 175	42
52-3197	Standard	21 x 26 x 175	36

#### S-ROM Long Femoral Stems – Lateral Neck 11/13 Taper

Cat. No.	Stem Length	Stem Size (mm) Dist. x Prox. x Length	Neck Length (mm)
56-3214L	Long	9 x 14 x 205L	30 +4L
56-3214N	Long	9 x 14 x 205N	30 +4L
56-3214R	Long	9 x 14 x 205R	30 +4L
56-3216L	Long	11 x 16 x 205L	30 +4L
56-3216N	Long	11 x 16 x 205N	30 +4L
56-3216R	Long	11 x 16 x 205R	30 +4L
56-3118L	Long	13 x 18 x 215L	36 +8L
56-3118N	Long	13 x 18 x 215N	36 +8L
56-3118R	Long	13 x 18 x 215R	36 +8L
56-3120L	Long	15 x 20 x 225L	36 +8L
56-3120N	Long	15 x 20 x 225N	36 +8L
56-3120R	Long	15 x 20 x 225R	36 +8L
56-3122L	Long	17 x 22 x 230L	36 +8L
56-3122N	Long	17 x 22 x 230N	36 +8L
56-3122R	Long	17 x 22 x 230R	36 +8L
56-3124L	Long	19 x 24 x 230L	36 +8L
56-3124N	Long	19 x 24 x 230N	36 +8L
56-3124R	Long	19 x 24 x 230R	36 +8L
56-3126L	Long	21 x 26 x 230L	36 +8L
56-3126N	Long	21 x 26 x 230N	36 +8L
56-3126R	Long	21 x 26 x 230R	36 +8L

#### S-ROM Long Femoral Stems – Standard Neck 11/13 Taper

Cat. No.	Stem Length	Stem Size (mm) Dist. x Prox. x Length	Neck Length (mm)
52-6514L	Long	9 x 14 x 205L	36
52-6514N	Long	9 x 14 x 205N	36
52-6514R	Long	9 x 14 x 205R	36
52-6516L	Long	11 x 16 x 205L	36
52-6516N	Long	11 x 16 x 205N	36
52-6516R	Long	11 x 16 x 205R	36
52-6518L	Long	13 x 18 x 215L	36
52-6518N	Long	13 x 18 x 215N	36
52-6518R	Long	13 x 18 x 215R	36
52-6520L	Long	15 x 20 x 225L	36
52-6520N	Long	15 x 20 x 225N	36
52-6520R	Long	15 x 20 x 225R	36
52-6522L	Long	17 x 22 x 230L	36
52-6522N	Long	17 x 22 x 230N	36
52-6522R	Long	17 x 22 x 230R	36
52-6524L	Long	19 x 24 x 230L	36
52-6524N	Long	19 x 24 x 230N	36
52-6524R	Long	19 x 24 x 230R	36
52-6418L	Long	13 x 18 x 215L	42
52-6418N	Long	13 x 18 x 215N	42
52-6418R	Long	13 x 18 x 215R	42
52-6420L	Long	15 x 20 x 225L	42
52-6420N	Long	15 x 20 x 225N	42
52-6420R	Long	15 x 20 x 225R	42
52-6422L	Long	17 x 22 x 230L	42
52-6422N	Long	17 x 22 x 230N	42
52-6422R	Long	17 x 22 x 230R	42
52-6424L	Long	19 x 24 x 230L	42
52-6424N	Long	19 x 24 x 230N	42
52-6424R	Long	19 x 24 x 230R	42
52-6526L	Long	21 x 26 x 230L	36
52-6526N	Long	21 x 26 x 230N	36
52-6526R	Long	21 x 26 x 230R	36

#### S-ROM Long Femoral Stems – Calcar Replacement + Lateral Neck 11/13 Taper

Cat. No.	Stem Length	Stem Size (mm) Dist. x Prox. x Length	Neck Length (mm)
52-6614N	Long	9 x 14 x 205N	36 +21 CR
56-3016L	Long	11 x 16 x 205L	36 +21 CR4L
56-3016N	Long	11 x 16 x 205N	36 +21 CR4L
56-3016R	Long	11 x 16 x 205R	36 +21 CR4L
56-3018L	Long	13 x 18 x 215L	36 +21 CR8L
56-3018N	Long	13 x 18 x 215N	36 +21 CR8L
56-3018R	Long	13 x 18 x 215R	36 +21 CR8L
56-3020L	Long	15 x 20 x 225L	36 +21 CR8L
56-3020N	Long	15 x 20 x 225N	36 +21 CR8L
56-3020R	Long	15 x 20 x 225R	36 +21 CR8L
56-3022L	Long	17 x 22 x 230L	36 +21 CR8L
56-3022N	Long	17 x 22 x 230N	36 +21 CR8L
56-3022R	Long	17 x 22 x 230R	36 +21 CR8L
56-3024L	Long	19 x 24 x 230L	36 +21 CR8L
56-3024N	Long	19 x 24 x 230N	36 +21 CR8L
56-3024R	Long	19 x 24 x 230R	36 +21 CR8L
56-3026L	Long	21 x 26 x 230L	36 +21 CR8L
56-3026N	Long	21 x 26 x 230N	36 +21 CR8L
56-3026R	Long	21 x 26 x 230R	36 +21 CR8L

#### S-ROM Extra-Long Femoral Stems – Lateral Neck 11/13 Taper

Cat. No.	Stem Length	Stem Size (mm) Dist. x Prox. x Length	Neck Length (mm)
56-3138L	XLong	13 x 18 x 255L	36 +8L
56-3138R	XLong	13 x 18 x 255R	36 +8L
56-3140L	XLong	15 x 20 x 270L	36 +8L
56-3140R	XLong	15 x 20 x 270R	36 +8L
56-3142L	XLong	17 x 22 x 275L	36 +8L
56-3142R	XLong	17 x 22 x 275R	36 +8L
56-3144L	XLong	19 x 24 x 275L	36 +8L
56-3144R	XLong	19 x 24 x 275R	36 +8L

#### S-ROM XX-Long Femoral Stems – Lateral Neck 11/13 Taper

Cat. No.	Stem Length	Stem Size (mm) Dist. x Prox. x Length	Neck Length (mm)
56-3158L	XXLong	13 x 18 x 315L	36 +8L
56-3158R	XXLong	13 x 18 x 315R	36 +8L
56-3160L	XXLong	15 x 20 x 325L	36 +8L
56-3160R	XXLong	15 x 20 x 325R	36 +8L
56-3162L	XXLong	17 x 22 x 325L	36 +8L
56-3162R	XXLong	17 x 22 x 325R	36 +8L
56-3164L	XXLong	19 x 24 x 325L	36 +8L
56-3164R	XXLong	19 x 24 x 325R	36 +8L

#### S-ROM XX-Long Femoral Stems – Calcar Replacement + Lateral Neck 11/13 Taper

Cat. No.	Stem Length	Stem Size (mm) Dist. x Prox. x Length	Neck Length (mm)
56-3056L	XXLong	11 x 16 x 300L	36 +21 +4L
56-3056N	XXLong	11 x 16 x 300N	36 +21 +4L
56-3056R	XXLong	11 x 16 x 300R	36 +21 +4L
56-3058L	XXLong	13 x 18 x 315L	36 +21 +8L
56-3058N	XXLong	13 x 18 x 315N	36 +21 +8L
56-3058R	XXLong	13 x 18 x 315R	36 +21 +8L
56-3060L	XXLong	15 x 20 x 325L	36 +21 +8L
56-3060N	XXLong	15 x 20 x 325N	36 +21 +8L
56-3060R	XXLong	15 x 20 x 325R	36 +21 +8L
56-3062L	XXLong	17 x 22 x 325L	36 +21 +8L
56-3062N	XXLong	17 x 22 x 325N	36 +21 +8L
56-3062R	XXLong	17 x 22 x 325R	36 +21 +8L
56-3064L	XXLong	19 x 24 x 325L	36 +21 +8L
56-3064N	XXLong	19 x 24 x 325N	36 +21 +8L
56-3064R	XXLong	19 x 24 x 325R	36 +21 +8L
56-3066L	XXLong	21 x 26 x 325L	36 +21 +8L
56-3066N	XXLong	21 x 26 x 325N	36 +21 +8L
56-3066R	XXLong	21 x 26 x 325R	36 +21 +8L

#### S-ROM ZTT Proximal Femoral Sleeves Porous Coated

Cat. No.	Description
55-0570	12B-SML
55-0571	12B-LRG
55-0572	12D-SML
55-0573	12D-LRG
55-0501	14B-SML
55-0502	14B-LRG
55-0503	14D-SML
55-0504	14D-LRG
55-0505	14F-SML
55-0506	14F-LRG
52-1463	16B-SML
52-1465	16B-LRG
55-0513	16D-SML
55-0514	16D-LRG
55-0515	16F-SML
55-0516	16F-LRG

Cat. No.	Description
55-0520	16F-XXL
52-1483	18B-SML
52-1485	18B-LRG
55-0523	18D-SML
55-0524	18D-LRG
55-0525	18F-SML
55-0526	18F-LRG
55-0530	18F-XXL
55-0717	18F-SML 16ID
55-0718	18F-LRG 16ID
55-0721	18F-XXL 16ID
52-1403	20B-SML
52-1405	20B-LRG
55-0533	20D-SML
55-0534	20D-LRG
55-0535	20F-SML

Cat. No.	Description
55-0536	20F-LRG
55-0540	20F-XXL
55-0727	20F-SML 18ID
55-0728	20F-LRG 18ID
55-0731	20F-XXL 18ID
52-1423	22B-SML
52-1425	22B-LRG
55-0543	22D-SML
55-0544	22D-LRG
55-0545	22F-SML
55-0546	22F-LRG
55-0550	22F-XXL
55-0737	22F-SML 20ID
55-0738	22F-LRG 20ID
55-0741	22F-XXL 20ID
55-0561	24B-SML

Cat. No.	Description
55-0562	24B-LRG
55-0564	24D-SML
55-0565	24D-LRG
55-0567	24F-SML
55-0568	24F-LRG
55-0569	24F-XXL
55-0747	24F-SML 22ID
55-0748	24F-LRG 22ID
55-0751	24F-XXL 22ID
55-0770	24D-SML 26ID
55-0771	24D-LRG 26ID
55-0772	24D-XLRG 26ID
55-0777	24F-SML 26ID
55-0778	24F-LRG 26ID
55-0779	24F-XLRG 26ID

#### **SUMMIT POROCOAT Stem**

Standard Offset		
Cat. No.	Size	
1570-01-070	1	
1570-01-080	2	
1570-01-090	3	
1570-01-100	4	
1570-01-110	5	
1570-01-120	6	
1570-01-135	7	
1570-01-150	8	
1570-01-165	9	
1570-01-180	10	

High Offset		
Cat. No.	Size	
1570-11-070	1	
1570-11-080	2	
1570-11-090	3	
1570-11-100	4	
1570-11-110	5	
1570-11-120	6	
1570-11-135	7	
1570-11-150	8	
1570-11-165	9	
1570-11-180	10	

#### **TRI-LOCK Bone Preservation Stem**

Standard Offset		
Size		
0		
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
•		

High Offset	
Cat. No.	Size
1012-14-005	0
1012-14-010	1
1012-14-020	2
1012-14-030	3
1012-14-040	4
1012-14-050	5
1012-14-060	6
1012-14-070	7
1012-14-080	8
1012-14-090	9
1012-14-100	10
1012-14-110	11
1012-14-120	12

#### **CERAMAX Ceramic Total Hip System Essential Product Information**

#### **INDICATIONS**

The CERAMAX Ceramic Total Hip System is indicated for noncemented use in skeletally mature individuals undergoing primary total hip replacement surgery for rehabilitation of hips damaged as a result of noninflammatory degenerative joint disease (NIDJD) or any of its composite diagnoses of osteoarthritis (OA), avascular necrosis, and post-traumatic arthritis.

Note: CERAMAX Ceramic Total Hip System's ceramic inserts are only intended for use with femoral and acetabula components having matching outer and inner diameters.

#### **CONTRAINDICATIONS:**

Use of the CERAMAX Ceramic Total Hip System is contraindicated in patients with:

- Evidence of active infections that may spread to other areas of the body (e.g., osteomyelitis, pyogenic infection of the hip joint, overt infection, urinary tract infection, etc.);
- Inadequate bone stock to support the device (e.g., severe
- osteopenia or osteoporosis);

   Marked atrophy (muscle and/or tissue loss) or deformity in the upper femur such as a birth defect affecting the leg bones.
- Skeletally immature patients (tibial and femoral epiphyses
- Significant neurologic or musculoskeletal disorders or diseases that may adversely affect gait, weight bearing or postoperative recovery (e.g., muscular dystrophy, multiple
- The presence of any known neoplastic (tumor-causing) or metastatic (spread of cancerous cells) disease,
- Presence of highly communicable disease(s) that may limit follow-up (e.g., immunocompromised conditions, hepatitis, active tuberculosis, etc.);
- Any condition that may interfere with postoperative recovery (e.g., Paget's disease, Charcot's disease);
   Poor skin coverage around the hip joint;
- · Use in patients with known allergies to the implant materials;
- Inflammatory degenerative joint disease (like rheumatoid) arthritis);
- Joint instability.

#### **WARNINGS:**

Only physicians who are familiar with the implant components, instruments, procedure, clinical applications, adverse events and risks associated with the CERAMAX Ceramic Total Hip System should use this device.

Improper prosthesis selection or alignment, inadequate fixation, use where contraindicated or in patients whose medical, physical, mental or occupational conditions will likely result in extreme stresses to the implant may result in premature failure due to loosening, fracture or wear. Post-operative care is extremely important. The patient should be instructed on the limitations of the device and should be cautioned regarding load bearing, ranges of motion and activity levels permissible. Early motion and load bearing should be carefully monitored.

The CERAMAX ceramic inserts are intended for use only with BIOLOX® delta ceramic femoral heads in corresponding diameter sizes. The inner diameter of the insert must correspond to the hip head size. Use of an insert with a non-matching hip head size will result in higher stresses, accelerated wear and early failure.

This implant should not be used with other manufacturers' components or instruments. Use of components or instruments other than those recommended could lead to loosening, wear, fracture and premature failure.

Do not mix inserts and shells from different systems PINNACLE ceramic inserts can be used only with PINNACLE acetabular shells/cups.

Implants are for single use only. Do not reuse an implant in order to ensure there has been no damage to the implants.

When used with multiple components of a total replacement system, the MR compatibility and safety of the entire system of implants has not been evaluated, and the entire system of implants has not been tested together for heating or migration in the MR environment.

Do not allow damage to the polished bearing surfaces or taper locking surfaces. Any alteration, damage, contour or bend to these surfaces will reduce the fatigue strength of the prostheses and may result in failure under load. Any prostheses so damaged must not be used.

Replace both the ceramic liner and the metal acetabular shell if the ceramic liner is chipped, cracked, or otherwise damaged during shell/liner assembly. Once the acetabular shell taper has been assembled to a ceramic liner, it should not be reassembled to another ceramic liner. A deformed metal taper could significantly affect the locking mechanism between the new liner and shell and increase the risk of ceramic liner fracture.

Do not scratch or dent the rim or internal taper of the acetabular shells. If the rim or taper joint is damaged during implantation, the acetabular shell should be replaced, as the deformation of the shell taper may affect the locking mechanism between the liner and shell and increase the risk of ceramic liner fracture.

Do not implant in pregnant patients as the extra weight and exposure to radiation may be harmful to the implant and fetus.

Do not implant in obese patients because overloading the component may lead to fracture or loss of fixation.

#### PRECAUTIONS:

#### Pre-operative

- The patient should be informed of all potential risks and adverse effects contained in this insert. The patient should be warned that the implants can break or become damaged as a result of strenuous activity or trauma
- Pre-operative planning provides essential information regarding the appropriate prosthesis and likely combinations of components. If, during pre-operative planning, an appropriately sized component is not available, the procedure should not take place. An appropriate range of implant sizes should be available prior to performing the surgical procedure. To prevent contamination of this prosthesis, keep free of
- lint and powders. Do not open the package until surgery.
- Diabetes, at present, has not been established as a contraindication. However, because of increased risk for complications such as infection, slow healing, slow wound healing, etc., the physician should fully consider the advisability of hip arthroplasty in the severely diabetic
- When assembling the acetabular components, first place the ceramic liner into the metal shell by hand. Prior to impacting, confirm that proper seating of the ceramic liner has occurred by palpating the shell/liner assembly. It is critical that the ceramic liner is stable within the shell prior to impacting with the ceramic liner driver instrument. Impaction should not occur and the ceramic liner should be removed if it becomes mal-aligned within the shell. Repeated impaction of the liner in the shell when the initial attempt at seating the liner is unsuccessful is not recommended and may lead to early failure. If the ceramic liner and shell are not fully seated or are aligned incorrectly after final impaction, it will be necessary to revise the shell and liner with new
- After the liner has been inserted, the liner should be examined in-situ for evidence of chipping (visible evidence of ceramic fracture). If chipped, scratched, or otherwise damaged during the implant procedure, replace both the ceramic liner and the acetabular shell.
- Once the femoral stem taper has been assembled to a ceramic head, it should not be reassembled to another ceramic head. If the ceramic head is chipped, cracked, or otherwise damaged during head /stem assembly, replace both the ceramic head and the femoral stem.

#### Intra-operative

- Use the recommended trial components for size determination, trial reduction and range of motion evaluation. To prevent contamination of this prosthesis, keep free of lint and powders. Do not place the implant in contact with prepared bone surface before the final decision to implant has been made, thus preserving the integrity of the actual implants and their sterile packaging.
- The trial prostheses should not be implanted.
- Examine instruments for wear or damage before use. Instruments that have experienced excessive use or force may be susceptible to breakage.
- · Carefully examine each component and its packaging for

any signs of damage that may have occurred during shipping or handling. Do not implant components if the packaging is damaged or if the implant shows signs of damage. Due to the brittle nature of the material, ceramic components are particularly susceptible to premature failure when scratched, cracked or otherwise damaged. Likewise, a new implant should be handled carefully to avoid damage that could compromise the mechanical integrity of the device and cause early failure or

- Implants should be accepted by the hospital or surgeon only if received with the factory packaging and labeling intact. If the sterile barrier has been broken, return the component to.
- An implant should never be reused. Any implant, once used, should be discarded. Even though it appears undamaged, it may have small defects and internal stress patterns that may lead to failure. Single Use devices have not been designed to undergo or withstand any form of alteration, such as disassembly, cleaning or resterilization, after a single patient use. Reuse can potentially compromise device performance and patient safety.
- The bore of the insert should not come into contact with abrasive surfaces, as this may damage the bore and affect performance. In addition, all mating surfaces should be clean before assembly to ensure proper seating. If the insert is not properly seated into the shell it may become loose.
- Do not scratch acetabular shells and femoral components to prevent damage to the articulation surfaces. Replace any component that has been scratched or otherwise
- damaged during the implant procedure.

   Ensure that the inner diameter of the acetabular shell/cup matches the outer diameter of the insert. Ensure that the outer diameter of the femoral head matches the inner diameter of the insert.
- Always ensure proper alignment and seating of the acetabular and femoral components. Malalignment of the components and/or soft tissue imbalance may cause excessive wear and early implant failure
- Avoid impacting the taper region and the insert face to adjust the insert position. As with any ceramic insert, damage to the taper or the adjacent insert face may increase the risk for fracture and/or chipping of the insert upon its engagement with the acetabular shell.
- Care should be taken to remove bone chips and metallic debris from the implant site to reduce the risk of debris-induced accelerated wear of the articular surfaces of the implant.
- Care should be taken to avoid damage to the soft tissue and blood supply during dissection of the capsular tissue.

In order to prevent sepsis, the physician is advised to follow the following recommendations:

- Consistent use of prophylactic antibiotics.
- Utilizing a laminar flow clean air system.Having all operating room personnel, including observers, properly attired.
- Protecting instruments from airborne contamination
  Impermeable draping.

#### Post-operative

- Excessive physical activity levels and trauma to the joint replacement may cause early failure of the implant
- Loosening of the components may increase production of wear particles and accelerate damage to the bone.
- Periodic, long-term follow-up is recommended to monitor the position and state of the prosthetic components, as well as the condition of the adjoining bone.
- · All patients should be instructed on the limitations of the prosthesis and the possibility of subsequent surgery. The patient should be cautioned to monitor activities and protect the replaced joint from unreasonable stresses, and follow the written instructions of the physician with respect to follow-up care and treatment. The patient should be warned against unassisted activity, particularly use of toilet facilities and other activities requiring excessive motion of the hip. Patients should be informed that their weight and activity level may affect the longevity of the implant. Patients should be advised to report any pain, decrease in range of motion, swelling, fever, or unusual sounds (e.g., clicking or squeaking) as this may indicate positional changes in the implant that could lead to premature failure.

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WARNING: In the USA, this product has labeling limitations. See package insert for complete information.

CAUTION: USA Law restricts these devices to sale by or on the order of a physician.

Not all products are currently available in all markets.

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